

bionice

EXCLUSIVE COSMETIC ICE



Instructions for use

Gebrauchsanleitung

**Инструкция по
применению прибора**

INSTRUCTIONS FOR USE

Components of the device

Holder of the silicone mold



Photo 1

Silicone mold in the holder



Photo 2

Optical adapter to be frozen in ice



Photo 3

Optical adapter clamp



Photo 4

Red and blue light sources



Photo 5

Base for placement and storage
in the freezer



Photo 6

Preparation of the device for use

Attention: for the preparation of BIO N'ICE cosmetic ice use only thermal, distilled or boiled water.

The Bio N'ice set includes 2 LED light sources (1x red and 1x blue).

The light source of the red spectrum is intended for morning use. It activates cellular processes in the skin tissue.

Blue light is ideal for evening use. It has relaxing and antiseptic properties.

Preparation of the Bio N'ice device in a few simple steps

First, insert the elastic silicone mold into the holder (Photo 2).

Inject 1-2 drops of e.g. green tea extract into the silicone mold.

Then fill the silicone mold with the water (approx. 5 mm from the upper rim of the

mold) (Photo 7).

Next, prepare the optical adapter clip by inserting it into the slot of the adapter. Push it all the way in and then move it aside (Photo 4).

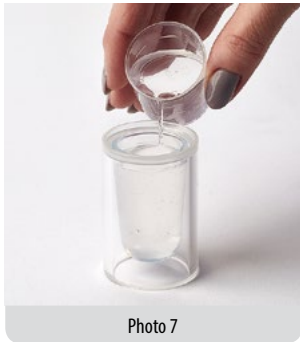


Photo 7

Place the adapter clip into the silicone mold holder, filled with water with the active substance (Photo 8).

Place the neatly assembled ice crystal maker (crystallizer) in the black place – and – storage base (Photo 6) and then in the freezer for minimum 5 hours.

After the freezing process is over, take out the crystallizer from the freezer and let it rest in room temperature for about 1-2 minutes, so that the ice crystal could be easily removed from the silicone mold (Photo 9).

If there is no need for immediate use, the assembled crystallizer can be kept in the freezer until needed.

Then, the selected light source should be inserted without much effort in the tube of the adapter located on the top of the ice crystal.



Photo 8

The assembled device is ready for use by turning on the end switch (Photo 10).



Photo 9

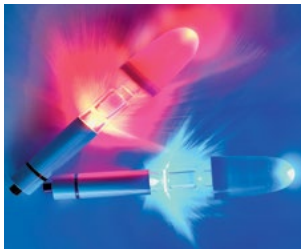


Foto 10

INSTRUCTIONS FOR USE

Before beginning the procedure, the skin must be clean and free of make-up.

The device should be used as follows: Press the button to activate the lighting device. Pick up the device. The ice crystal will start emitting light. Slide the ice crystal gently across the skin as shown in the picture (Scheme 1). This way both the facial area and the neck are treated. The speed should be approximately 5 cm per second so as not to overcool the facial tissue. The entire procedure lasts approximately 2 minutes.

1 ice crystal can be used for up to 2 treatments.



Scheme 1

After use remove the ice crystal from the lighting device, clean the adapter under the running water and repeat the process of preparation of a new ice crystal as described in the instructions above.

After the procedure, the skin can be dried by gently padding the face with a clean (cosmetic) towel.

However, it is preferable to wait until the skin on the face and neck dries naturally.

This is necessary to ensure that your skin can easily absorb the beneficial ingredi-

ents which are added to the ice. Different ice compositions can be used in cosmetic procedures.

Which ingredients can be added to the ice?

Choose the ingredients that best suit your skin, depending on your skin type and the result you desire to achieve, such as:

- Essential oils
- Herbal decoctions (chamomile, calendula, sage, etc)
- Juices from berries, fruits and vegetables such as cucumber, lemon, grapefruit
- Green, white and black tea
- Natural oils

Replace Batteries

Each Light source uses three batteries LR 41.

To replace batteries:

1. Unscrew light source's cap
2. Remove the unused battery pack from the body
3. Insert new batteries in the plastic holder
4. Put the holder back in its place (*positive pole on top*)
5. Screw up the cap

